



COURT IS NOW IN SESSION

Belvidere Family YMCA Youth Volleyball League

Register NOW-April 1st

Pass, set, hit! With emphasis on team spirit and sportsmanship, players have the opportunity to learn the basic volleyball fundamentals such as underhand serving, setting, hitting, blocking and digging in a fun and positive environment. **THIS LEAGUE IS CO-ED.**

DATES & TIMES

Practices start the week of April 5th and will run through the week of May 17th. Games run Saturdays, April 17th-May 22nd.

2nd & 3rd Grade

This age will have practice and scrimmages on Saturday mornings.

4th—6th Grade

Minimum one hour of practice a week. Day(s) to be assigned.
Saturday morning games

7th & 8th Grade

Minimum one hour of practice a week. Day(s) to be assigned.
Saturday morning games

WHAT YOU'LL NEED

Mask (even while playing), gym shoes & water bottle w/your name (drinking fountains are closed). Knee pads are recommended.

LOCATION

Belvidere Family YMCA, 220 West Locust Street, Belvidere

DETAILS

\$45 for Belvidere Y members, \$55 for non-members

If you are registering a team, please contact Eric directly at eross@belviderefamilyymca.org before any players register online. Special request for players and coaches may be made during online registration. Eligible for Patrick J. Murphy Youth Recreation Scholarship. Ask us for more details!

Register at www.belvidere.recliquecore.com/programs or call 815-547-5307

For more information or questions, please contact Eric at eross@belviderefamilyymca.org

COVID-19 GUIDELINES

The following guidelines are based on State and health guidelines:

Practices will be held on a an assigned night. Games will be held on Saturdays.

Masks must be worn in the YMCA at all times, even while playing. All players on the bench must wear their mask. Failure to follow the guidelines will result in removal from the program. If a child does not have a mask, they will be unable to enter the program for the day. Should your child be medically unable to wear a mask; we will require medical documentation.

Players will be socially distanced on the bench. Teams will not be able to "huddle" during the game.

All participants must be pre-registered. There will be no late participants added to the program.

A maximum of **TWO** spectators per participant will be allowed during the games due to Phase 4 spectator guidelines. Social distancing must be followed. Spots will be marked on the bleachers.

Please do not arrive sooner than five minutes prior to practice or game time. Spectators are asked to spread out throughout the first floor of the Y waiting for the prior game to end.

HEALTH GUIDELINES

Should your child feel ill prior to practice or a game, please do not come to the Y that day. Please let us know for contact tracing purposes.

Upon arrival, the participant will go directly to the front desk. A staff member will conduct a health screening on your child.

1. Are you or anyone in your household showing symptoms of COVID-19?
2. Have you or anyone in your household been contacted by the health department that they have been recently exposed to COVID-19?
3. Have you traveled to or visited with someone residing in a CDC hot spot in the last 14 days?

Should your child answer yes to any of the health questionnaire indicate possible illness or your child's temperature be higher than 100.4 degrees, your child will be unable to attend that day and asked not to return until they are symptom free for 10 days. Your child must be fever free for 72 hours without the use of fever reducing medication. Once entered, children will promptly use hand sanitizer. Sanitizer will be available in the gym and encouraged to be used when coming off the court.

Parents/spectators will also be following the same guidelines.

Should your child become ill, feel ill, display symptoms of being ill or have a fever, staff will automatically remove the child from care and place them in one on one care. The parent/guardian will be contacted to come pick up the child immediately. A child may not return to care until they are symptom free for 10 days. Your child must be fever free for 72 hours without the use of fever reducing medication. Should the child in care, a family member or member of the household display symptoms of COVID-19 or contract the virus, please refrain from sending your child to programming. Please call the Y immediately in order to follow proper precautions and follow up for the children, families and staff. If your household is quarantined, your child and any siblings in the program may not attend Y programming during that time. They will be able to attend once they are released by health officials. Documentation will be required.

If your child or other household residents travel to a CDC hot spot or have visitors from one of those areas, your child will be unable to attend Y programming until after return of visit or after the visitor has left for the recommended 14 day timeline.

The Y will follow the strictest hygiene and sanitation procedures. The ball and commonly touched areas will be wiped down multiple times throughout practice and games. Staff will hand out items in all circumstances possible. Supplies will not be shared as much as possible. The facility will be sanitized thoroughly with a Clorox 360 machine.

All guidelines for return and future care will be dictated by the current statues from the Illinois Department of Human Services and public health officials.

Guidelines may be updated or changed. The Y may suspend care for the whole facility in the case that there is possible exposure or outbreak. This will be evaluated on a case by case basis in coordination with public health officials.